**Career and Family Leadership**

**Unit 2: Improving Relationships**

**Standards for Unit 1 Assessment**

***Standard 7:***

2.0 Define communication terms.

3.0 Identify communication skills that may be used to strengthen and improve relationships with others.

4.0 Apply communication skills that may be used to strengthen and improve relationships with others.

***Standard 8:***

2.0 Define conflict related terms.

3.0 Analyze why conflict occurs within relationships.

4.0 Design constructive methods for dealing with and resolving conflict within relationships.

***Standard 9:***

2.0 Define terms related to family ties.

3.0 Identify stages of family life cycle.

4.0 Analyze the importance of lifelong family ties.

***Standard 10:***

2.0 Identify relationships other than family.

3.0 State how relationships change as you go through young adulthood.

4.0 Determine how to make and maintain friendships.

***Standard 11:***

2.0 Identify terms related to dating.

3.0 Determine the difference in healthy and unhealthy dating relationships.

4.0 Evaluate qualities of healthy dating relationships.

***Standard 12:***

2.0 Identify terms related to marriage.

3.0 Identify the components of a successful marriage and family.

4.0 Analyze how to know when you’re ready to make a commitment to another person.