**Foods and Nutrition**

**Vitamin/Mineral research project**

**100 points**

Objective 19:

Identify a concern/unanswered question you have about vitamins/minerals/nutrients, research it, and analyze your findings.

Directions: What do you still want to know about vitamins/minerals/nutrients? What are you still curious about? Choose a topic or two that you would like to know more about and write a research paper about your findings.

In your paper/research you should state:

* Introduction/the purpose of the paper (what you are researching) (15 points)
* answer the question(s) that you are still curious about by summarizing your findings (50 points)
* write a conclusion (15 points)
* Your paper should be approximately 2-3 pages, double spaced, 12 point font.(5 points)
* Spelling/grammar(10 points)
* You should have an introduction, body paragraphs, and a conclusion. Within the body, don’t forget to answer your questions and analyze your findings.
* You should cite all of your sources (5 points)