**Foods and Nutrition**

**Unit 9 Objectives: Fruits and Vegetables**

Objective 34:

Define terms associated with fruits, identify fruits/fruit categories, and suggest ways to prepare fruits.

Objective 35:

Define terms associated with vegetables, identify vegetables/vegetable categories, and suggest ways to prepare vegetables.

Objective 36:

Complete a fruit/vegetable lab with full participation in your group and reflect on the fruit/vegetable lab in a written evaluation.

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